

Intentions and Goals 2023

My theme word

Possibility

Top 3 goals/projects

1. Grow my businesses!
2. Supercharge my learning and growth!
3. Create balance and harmony in my life

Other goals and resolutions

1. To look after my health and wellbeing
2. To create a loving family environment
3. To create change in the world and be purpose-driven
4. To nurture and tend to my relationships and community

How I want to feel

Expansive

Compassionate

Empowered

My core values

Compassion

Authenticity

Curiosity

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My theme word

Top 3 goals/projects

1

2

3

Other goals and resolutions

How I want to feel

My core values
