

Pippa Isbell

everywoman expert



"The delicate balance of mentoring someone is not creating them in your own image, but giving them the opportunity to create themselves."

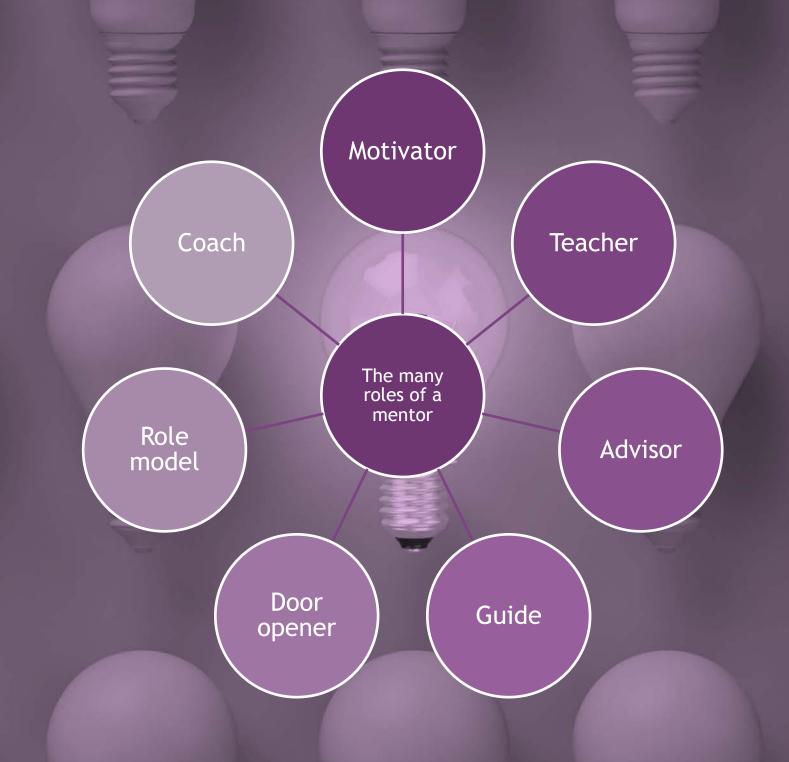
Steven Spielberg



#### Poll One

What is your experience of mentoring?

- A I have never had a formal mentor
- B I mentor others
- C My mentoring experience has always been traditional in style
- D I want to explore different types of mentoring



## What do you talk about?



Situations.



Skill building.



Career path.



Stories.



Office politics.



Challenges with boss or colleagues.



Perceptions.



Office environment.



Perceived barriers.





"A mentor is someone who sees more talent and ability within you, than you see in yourself, and helps bring it out of you."

**Bob Proctor** 

### Benefits of mentoring for mentees

- Develop awareness of culture, politics, and philosophy of the organisation.
- Improve your self-confidence, commitment, and motivation.
- Improve your performance and productivity.
- Improve your career mobility and development.
- Develop and extend your professional networks.
- Demonstrate your strengths and explore your potential.
- Develop new ideas and perspectives.
- Take responsibility for self-directed learning.
- Have support to achieve your goals.





"The mind is not a vessel that needs filling, but wood that needs igniting."

Plutarch



#### Benefits of mentoring for mentors

- Demonstrate expertise and knowledge.
- Have a better understanding of the barriers experienced at other levels of their organisation.
- Take a proactive role in learning and development.
- Enhance personal brand via peer recognition and respect.
- Learn new perspectives and approaches.
- Extend professional networks.

# Best practice

- Clear objective.
- 2 Identify mentor.
- 3 Prepare.
- 4 Contract.
- 5 Follow up.







#### Poll Two

Where do you stand?

- A I think I have a lot to offer as a mentor.
- B I can see greater opportunities within the different types of mentoring.
- C I will definitely find a mentor as soon as I can.
- D Having a mentor will increase my motivation.



